Caroline County, Maryland Local Drug and Alcohol Abuse Council FY2017 - 2018 STRATEGIC PLAN July 2017

Summary

The Local Drug and Alcohol Abuse Council (LDAAC) for Caroline County is charged with development and implementation of a plan that identifies the needs of the public and criminal justice system for alcohol and drug abuse evaluation, prevention and treatment services. With the transition of outpatient substance use treatment from grant to fee for service, it is important to strengthen the continuum of behavioral health care and address deficits.

In May, 2016 the LDAAC began meeting monthly to start the process of updating membership, recruiting, and revising the bylaws. Using the Results Based Accountability tool, the council collaborated with its valued partners to develop a vision and mission. During this planning period the council reviewed needs assessment data collected by the Local Management Board, an overdose intervention video presentation from Warden Colbourne and Mid Shore Opiate Overdose Prevention Plan. The group expanded its membership to include faith-based recovery advocates and newly appointed judges and attorneys.

The FY17-18 plan addresses the current priorities for the county. Updated goals and objectives outline strategies to be enacted by the LDAAC and its partners. The LDAAC is committed to adapting and responding to challenges and developing a robust array of individualized services and resources for the residents of the community.

Vision Statement

A system of care within Caroline County offering sufficient access and choice for integrated behavioral health care and coordinated recovery services that promotes wellness and long-term recovery for individuals with substance use disorders.

Mission Statement

To continually improve the system of integrated behavioral health care for the residents of Caroline County.

Priorities (not listed in order of importance):

- Save lives and create a healthier community.
- Educate and assist citizens of Caroline County to live healthy and addiction free lives

- Develop and maintain a comprehensive integrated continuum of efficient and effective treatment services for behavioral health and substance use disorders.
- Reduce the availability of alcohol to underage drinkers through Maryland State Prevention Framework (MSPF) activities and intervention strategies.
- Reduce the availability of opioids and reduce the number of opioid related overdose deaths through the Mid-Shore Regional Opioid Misuse Prevention Plan (OMPP) activities and intervention strategies.
- Make available Medication Assisted Treatment (MAT) services within the county.
- Support the implementation of grant programs affecting Behavioral Health in Caroline County.

Strategic Goal 1: Promote access to a full continuum of behavioral health services and support through a system of integrated care where prevention, screening, and intervention are common practice across the lifespan.

- **Objective 1.1** Reduce the availability of alcohol to underage drinkers through Maryland State Prevention Framework (MSPF) activities and intervention strategies
- **1.1A** Advocate for county policy that ensure the use of county underage tobacco and alcohol sales fine revenue to support increased prevention and compliance checks by the county liquor inspector.
- **1.1B** Explore possible budget increase to Caroline County Sherriff's Department to also complete compliance checks.
- **1.1C** Attend and present at the Liquor Board meetings at least annually to become knowledgeable about their policies and processes, and need to increase county presence.
- **Objective 1.2:** Reduce the availability of opioids and reduce the number of related overdose deaths. Support the implementation of the Mid-Shore Regional Opioid Misuse Prevention Plan (OMPP) activities and intervention strategies in Caroline County.
- **1.2A** Ensure OMPP presentation at least annually to the LDAAC group.
- **1.2B** Ensure CCLDAAC representation at the quarterly OMPP regional meeting and report out to the LDAAC.

- **1.2C** Ensure Narcan Administration training and standing order for Narcan prescriptions.
- **1.2 D** Promote general public awareness of the Good Samaritan Law for medical intervention of overdose.
- **1.2E** Engage and support the faith-based and civic recovery advocacy organizations.
- **Objective 1.3:** Make available Medication Assisted Treatment (MAT) services within the county.
- **1.3A** Repurpose the Wellness Mobile to become the Mobile MAT starting with Vivitrol.
- **1.3B** Explore opportunities to promote the use of Vivitrol with existing community partners, while exploring opportunities to bring new partners into the county.
- **1.3C** Caroline County Health Department will promote development and implementation of tele-buprenorphine program in collaboration with University of Maryland Medical System (UMMS).
- **1.3D** Promote community-based provider delivery of MAT, and seamless transition from Caroline County Detention Center MAT to community-based MAT.
- **Objective 1.4** Support the implement of grant programs affecting behavioral health in Caroline County.
- **1.4A** Support the Caroline County Health Department in completing the STOP grant application.
- **1.4 B** Caroline County Health Department will report the progress for STOP grant implementation at each meeting.
- **1.4**C Explore grant opportunities to support the priorities and objectives of the LDAAC; support the application and implementation of grant awards for behavioral health in the county.
- **Objective 1.5**. Develop and maintain a comprehensive integrated continuum of efficient and effective treatment services for behavioral health.
- **1.5** A Promote the availability of multiple levels of substance use treatment (MAT, IOP, and PHP) in the county.
- **1.6B** Promote the development of affordable housing opportunities that support recovery (e.g. Recovery Housing, Transition Housing, etc.).

- **1.6C** Ensure adequate capacity for integrated, co-occurring capable/enhanced outpatient, community based-services.
- **1.6D** Promote individualized treatment, transition, and discharge planning.
- **Strategic Goal 2:** Provide a coordinated approach to increase education, training, and employment to develop and sustain an effective behavioral health workforce and provider network.
- **Objective 2.1** Promote the collaboration of behavioral health services in the county, identify gaps and create services in the county.
- **2.1A** Ensure Sequential Intercept Mapping (SIM) presentation at the CCLDAAC at least annually.
- **2.1B** Encourage LDAAC members to participate in the Sequential Intercept Mapping annual meetings in addition to BHSN Forensic Mental Health Workgroup to identify gaps in the continuum.
- **2.1C** Explore opportunities to support the Stepping Up initiative.
- **Objective 2.2** Support the implementation of grant programs affecting behavioral health in Caroline County related to workforce.
- **2.2A** Encourage recruitment and retention for approved MAT providers in the community.
- **2.2B** Explore grant opportunities to support the workforce priorities and objectives of the LDAAC
- **Objective 2.3:** Collaborate with appropriate partners to expand the current behavioral health workforce and system capacity.
- **2.3A** Promote behavioral health workforce expansion by participating in the Behavioral Health Administration Workforce Development workgroup.
- **2.3B**. Promote trainings offered by partners such as the Board of Childcare, Crisis Intervention Team Training and Mid Shore Behavioral Health.
- **2.3C** Promote the development and utilization of Certified Peer Recovery Support Specialists (CPRS).
- **2.3D** Explore strategies for sharing information about open positions within the provider network and potential candidates.

- **2.3E** Advocate for more efficient licensing of behavioral health professionals through the licensing boards (Behavioral Health Coalition).
- **Strategic Goal 3:** Utilize data and health information technology to evaluate, monitor, and improve quality of Public Behavioral Health System services and outcomes.
- **Objective 3.1** Support the Prevention Coordinator with monitoring and evaluating data available from Opiate Misuse and Prevention Plan.
- **3.1A** Assist with procuring data from the data sets listed in the OMPP such as: emergency medical services, emergency department, SMART, intentional overdose, waitlists, co morbidity data etc.
- **3.1B** Assist with reviewing data to identify county needs and support interventions.
- **Objective 3.2** Develop and maintain a comprehensive integrated continuum of efficient and effective treatment services for behavioral health.
- **3.2A** Monitor and evaluate data available from the administrative service organization (ASO), OMS, providers and surveys.
- **3.2B** Develop a data repository to support grant applications that address the priorities and objectives of the LDAAC.
- **3.2C** Utilize data to Identify gaps in services within the county while promoting collaboration with partners to develop services, and determine if actions taken are improving outcomes.
- **Strategic Goal 4:** Increase Public knowledge and support for behavioral health needs and services.
- **Objective 4.1:** LDAAC partners will continue to work with the behavioral health community to implement educational activities and disseminate, to the general public, current information related to psychiatric and substance abuse disorders, prevention mechanisms, treatment services, and supports.
- **4.1A** Promote My Family Needs Caroline County Public Library website and ensure a link with the Mid-Shore Behavioral Health Resources Guide, Network of Care Service Director, Maryland Community Services Locator, and Maryland Access Point (MAP) databases to access services.

- **4.1B** Caroline County Health Department Prevention Coordinator will ensure the implementation of the Maryland State Prevention Framework in Caroline County; educate the LDAAC and the general public about the prevention mechanisms.
- **Objective 4.2** Educate and assist citizens of Caroline County to live healthy and addiction free lives.
- **4.2A** Support and collaborate with the Caroline County Drug Free Coalition's efforts to educate the public.
- **4.2B** Support and promote the annual Fed Up! Rally via the health department website, social media, Caroline Circle, Star Democrat etc.
- **4.2C** Caroline County Health Department Prevention Coordinator will ensure the implementation of the Maryland State Prevention Framework in Caroline County; educate the LDAAC and the general public about the prevention mechanisms.
- **4.2D** Promote general public awareness of the Good Samaritan Law for medical intervention of overdose.
- **4.2** E Advocate through letter writing to county commissioners, state legislators and advocacy groups to communicate the needs and position of the CCLDAAC as appropriate.
- **Objective 4.3.** Reduce the availability of alcohol to underage drinkers through Maryland State Prevention Framework (MSPF) activities and intervention strategies.
- **4.3A** Support the Prevention Coordinators efforts to implement prevention educational programs and activities for youth.
- **4.3B** Support Community Health Outreach Worker (s) (CHOW) by participating in health fairs or other events located within the county to educate the public.